

# Update to 90-day drug supply allowances



For the last 12 months, as a response to COVID-19, nearly all medications have been eligible for 90-day supplies. Effective June 1, 2021, CareOregon will return to only authorizing a 90-day supply for certain medications. The new list still provides substantially more 90-day allowances than what was allowed before the pandemic.

## Which drugs are still eligible for a 90-day supply?

For full details and confirmation, please see the list of covered drugs (formulary) on our website. It lists, on an individual level, which drugs are eligible for continued 90-day supplies.

## General list of drugs eligible for 90-day supplies (this list is not all-inclusive):

Category	Drugs or drug classes covered for 90-day supplies
Cardiovascular	Statins, ACEi, ARBs, CCBs, beta-blockers, thiazides (HCTZ), aspirin, spironolactone, diuretics, dlopidogrel, fibrates
Birth control	Oral contraceptives (up to one year allowed after first fill)
Diabetes	Metformin, sulfonylureas (Glipizide, etc.), insulin, pioglitazone
Allergy/antihistamines	Antihistamines, montelukast, H2Ras (famotidine, etc.)
Endocrine/hormone replacement	Levothyroxine, estrogen, progesterone, testosterone
BPH	Tamsulosin, finasteride, alpha-blockers (clonidine)
Vitamins and minerals	Vitamin D, fluoride for children, prenatal vitamins, iron, folic acid, calcium

## Which drugs are no longer eligible for 90-day supplies?

Unless the formulary lists a medication as eligible for a longer supply, the drug will revert back to one-month supplies at a time. Some of the commonly filled drugs no longer eligible for a 90-day supply are:

- PPIs
- Gabapentin/pregabalin
- NSAIDs and muscle relaxants
- Most brand name and/or high cost medicines

## Can exceptions be requested for 90-day supplies on a member-by-member basis?

No. To remain consistent for all members, we do not consider long-term exceptions. Case-by-case exceptions are allowed for temporary fills, e.g., when a member leaves the state. We will continue to look for opportunities to expand the eligible list over time.

## Do members need new prescriptions?

No. Most pharmacies should process prescriptions for the allowable day supply. Providers may prescribe for 90 days and the pharmacy will adjust the amount dispensed to what the formulary allows.