Medication Adherence for Hypertension (RAS Antagonists)

Who: Patients 18 years of age and older.

Why: One of the most important ways people with high blood pressure can manage their health is by taking medication as directed. It is important for the patient, doctor, and health plan to work together to help manage the patient’s blood pressure.

What: Percent of members with at least two prescription fills on unique dates of service for blood pressure medication who fill their prescription often enough to cover 80% or more of the time they are supposed to be taking the medication.

How: This measure is calculated using the number of member-years of enrolled beneficiaries with a proportion of days covered (PDC) at 80% or higher for RAS antagonist medications during the measurement period.

Exclusions: Patients in hospice, with a diagnosis of ESRD or coverage dates, or received one or more prescriptions for sacubitril/valsartan anytime during the measurement year.

Blood Pressure Medications:
Renin angiotensin system (RAS) antagonists: angiotensin converting enzyme inhibitor (ACEI), angiotensin receptor blocker (ARB), or direct renin inhibitor medications.