



# CareOregon Food Rx™ Newsletter

November  
2018

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## Union Gospel Mission

Union Gospel Mission, a nonprofit that focuses on feeding the hungry, assisting addicts and building community, is extending its service hours on Thanksgiving Day.



Also known as Love Your Neighbor Day, Union Gospel Mission will provide a free, traditional Thanksgiving meal and the chance to share it with friends. All are welcome!

For more information, visit: [ugmportland.org/special-events/](http://ugmportland.org/special-events/)



### Union Gospel Mission

3 NW Third Ave  
Portland, OR 97209  
10 am to 1 pm Thursday, Nov. 22

## Free Food Market

In partnership with the Oregon Food Bank, Clackamas County Health Centers offers a Free Food Market on the first Tuesday of each month.

Anyone in need is welcome to visit the Beavercreek Health Clinic to access fresh fruits and vegetables, and healthy pantry staples. Stock up on essential foods for the holidays! Please provide your own bags or boxes. No identification is required.



For more information, visit: [clackamas.us/event/2018-11-06/clackamas-county-health-centers-and-partner-oregon-food-bank-offer-free-food-market](http://clackamas.us/event/2018-11-06/clackamas-county-health-centers-and-partner-oregon-food-bank-offer-free-food-market)



### Beavercreek Health Clinic

110 Beavercreek Road  
Oregon City, OR 97045  
10 - 11:30 am Tuesday, Nov. 6

## Proper Thanksgiving

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Join Proper USA for its annual, free Thanksgiving Day dinner. This community feast also includes entertainment and activities for everyone.



This is an inclusive community event, and all are welcome to share food and make connections. The event is wheelchair accessible. Partnering with local vendors and restaurants makes this an event you don't want to miss!

For more information, visit: [properusa.org/en/proper-thanksgiving-feast-ival-2017-2/](http://properusa.org/en/proper-thanksgiving-feast-ival-2017-2/) or email [pgordon@ctoregon.org](mailto:pgordon@ctoregon.org)



**Celebration Tabernacle**  
8131 N Denver Ave  
Portland, OR 97217  
Noon - 4 pm Thursday, Nov. 22

## Rose Haven

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Rose Haven is a day shelter that serves women, children and gender non-conforming people who are experiencing homelessness, abuse and disruptive life challenges. The shelter offers hospitality time every weekday, providing guests an opportunity to socialize.

Rose Haven will remain open and provide services on Thanksgiving Day. Guests may visit to receive clothing and hygiene items, eat a healthy meal, attend a class, check mail, see an advocate or use the phone.

There is also an opportunity for guests to shower during designated times.



**ROSE HAVEN**

For more information, visit: [rosehaven.org/event/hospitality/?instance\\_id=8834](http://rosehaven.org/event/hospitality/?instance_id=8834)



**Rose Haven**  
627 NW 18th Ave  
Portland, OR 97209  
8:30 am to 4 pm Thursday, Nov. 22

## Food Rx

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If you'd like to receive this newsletter every month, or have a suggestion to share, contact [foodrx@careoregon.org](mailto:foodrx@careoregon.org)

CareOregon Food Rx helps people improve their health through good nutrition, and builds bridges between food resources and the people who need them.