

Fall 2018 Development Investments - ACEs

\$45,000	Virginia Garcia Memorial Health Center	Culturally specific trauma-informed care: Serving Muslim Refugee Families
\$40,000	KairosPDX	Culturally Responsive Trauma Informed Care
\$38,000	Oregon Community Health Workers Association (ORCHWA)	ORCHWA Early Life Programs
\$37,000	Adelante Mujeres	Trauma-Informed Early Childhood Education for Low-Income Latino Children in Washington County
\$35,000	Living Yoga	Trauma Healing & Resiliency for Youth and Youth Service Providers
\$25,000	The Shadow Project	Expanding Trauma Informed Care for Students with Disabilities
\$220,000	Total	Fall 2018 Development Investments – ACEs

[Virginia Garcia Memorial Health Center](#) (Washington County)

\$45,000

Project Description: **Culturally specific trauma-informed care: Serving Muslim Refugee Families** - Virginia Garcia Memorial Health Center will partner with the Oregon Muslim Medical Association (OMMA) to open a mental health clinic to serve Muslim refugee families once a month on Saturdays at our Beaverton Wellness Center. Currently, the program is offered at the Southwest Community Health Center in Portland, but the health center is closing in December and the OMMA will lose its home, leaving dozens of patients in need of services. Virginia Garcia is opening its doors to OMMA and working with the directors to re-start the program in our newest clinic, which is also home to our most diverse patient population. (Patients at this site speak more than 50 languages.) Funds will support clinic operations for 1 year.

[KairosPDX](#) (Multnomah)

\$40,000

Project Description: **Culturally Responsive Trauma Informed Care** – KairosPDX is an education focused non-profit charter school attacking Portland’s persistent achievement and opportunity gaps through innovative pedagogy, community collaboration and family partnership. Work will continue support for the creation and implementation of an official KairosPDX Culturally Responsive Trauma Informed Care curriculum. The curriculum has been piloted and used to train a variety of social service and education focused organizations on culturally responsive trauma informed practice. Funds will be used to support salaries and operations.

[Oregon Community Health Workers Association \(ORCHWA\) \(Metro/Statewide\)](#)

\$38,000

Project Description: **ORCHWA Early Life Programs** – The Oregon Community Health Workers Association (ORCHWA) is the statewide professional association for community health workers (CHWs). Through our collaborative model, ORCHWA seeks to build cross-cultural power to address systemic inequities in the health and education systems. ORCHWA’s Early Life programming is made up of two Community Health Worker collaboratives--the Community Education Worker (CEW) program, and We Are Home (WAH). These two collaboratives have complimentary and aligned scopes of work that, in conjunction with one another, provide a continuum of individual (home visiting, case management, resource and referral), group (parent-child classes, socializations, skill-building workshops), and systems change interventions designed to support parents of children prenatal through age 6. Funds will be used to support culturally specific agency participation in collaboratives.

[Adelante Mujeres \(Washington County\)](#)

\$37,000

Project Description: **Trauma-Informed Early Childhood Education for Low-Income Latino Children in Washington County** – Adelante Mujeres, Women Rise Up, was founded in 2002 by a small group of Latina immigrants and allies who sought to improve quality of life for themselves and their community. Their mission is to provide holistic education and empowerment opportunities to low-income Latina women and their families to ensure full participation and active leadership in the community. Adelante Mujeres’ Early Childhood Education (ECE) Program is a bilingual program that teaches early literacy skills and builds kindergarten readiness among Latino immigrant pre-school aged children in Washington County. This program is rooted in holistic instruction and focuses on the whole health of the child and family. ECE teachers have received trauma-informed training in partnership with Washington County’s DHS. In response to the specific barriers in our community which are creating trauma, the ECE Program was developed to focus on the whole health of the child while providing supports to parents with the intention to reduce trauma as a barrier to children’s learning. Funds will provide expanded early childhood services in Adelante Mujeres new facility in Forest Grove.

[Living Yoga \(Metro\)](#)

\$35,000

Project Description: **Trauma Healing & Resiliency for Youth and Youth Service Providers** – Living Yoga (LY) provides youth who have experienced ACEs with trauma-informed yoga services, and provides the health, human services and education professionals who serve them with trauma resiliency training. LY directly assists youth in addiction treatment, mental/behavioral health programs, county health clinics, and homeless services and transitional housing to gain mind-body awareness along with skills and knowledge that support resiliency and improved health outcomes. Classes are currently taught in the context of programs where youth are already involved: Daybreak Youth Services, Janus Youth, Morrison Child & Family Services (Downtown Shelter and Paso), Multnomah County (SE/N Portland Health Centers; A&E and Donald E. Long), MacLaren Youth Correctional Facility, Outside In, Trillium Family Services (Parry Center and Edwards School). CareOregon funds will increase both the quality and quantity of culturally-responsive trauma-informed services and trauma informed yoga available to low income youth in the Portland metro area provided through culturally specific organizations such as IRCO, Urban League, Programa Hispano Catolico, Hacienda CDC, NAYA, and other early childhood educators and service providers.

[The Shadow Project](#) (Multnomah County)

\$25,000

Project Description: **Expanding Trauma Informed Care for Students with Disabilities** – The Shadow Project’s mission is to make school more accessible and engaging for children with disabilities and learning challenges, so they can achieve their full potential. By equipping classrooms with innovative tools and strategies tailored to diverse learning needs, The Shadow Project has teamed with schools to foster success for more than 10,000 students who typically read one- to three-years below grade level, and have challenges such as dyslexia, ADHD, and autism. The Shadow Project’s SuperSensory Literacy Spaces empower schools with critical tools to respond to children’s trauma, by creating designated “break out” spaces within schools for students impacted by ACEs and disability to practice emotional self-regulation in a safe and culturally-responsive environment. Children using SuperSpaces learn to manage their behavior and thinking so they can listen, pay attention and persevere through challenging or stressful experiences. Shadow Project provides school staff with professional development and ongoing support to integrate these spaces into their existing systems of support, for maximum impact and sustainability. Funds will support the expansion of super-sensory spaces into schools with high numbers of children of color.