

## Get to know **ALL** of your benefits



# Focus: Dental care benefits

**Taking care of your teeth and gums is an important way to take care of your overall health.** That's why dental care is covered as part of your Health Share/CareOregon benefits.

## Your dental benefit package includes services such as:



Exams, X-rays and cleanings\*



Sealants for members 15 and under\*



Fluoride treatments\*



Deep cleaning for gum disease



Fillings



Tooth removal



Crowns\* (limited)



Root canals\* (limited)



Partial and full dentures (limited)



Braces for members 20 and under\*

*Restrictions may apply and/or preapproval may be required. A star (\*) in the benefit charts means a service may be covered beyond the limits listed for members under 21, if medically necessary and appropriate.*

## Finding a dentist

We partner with local dental plans so you can see the dentist with no cost to you. Your dental plan is listed on your Member ID card. They work with you to take care of your dental needs. Call them when you need dental care or have questions about oral health, before you seek emergency or urgent care.

### Your dentist:

- ▶ Is your first contact when you need dental care, except in a life-threatening emergency like uncontrollable bleeding.
- ▶ Arranges for specialty dental care, if you need it.
- ▶ Keeps your dental records and knows your oral health best, so they can offer the best advice even in an emergency.



### Who should see the dentist?

**Everyone!** But regular dental care is most important for people who are pregnant, have diabetes or other chronic conditions, and children.

**Questions?** If you need help finding a dentist or have questions about dental benefits, contact your dental plan. Their number is on your Member ID card. If you need to change your dental plan or need any other help, call **Health Share Customer Service at 888-519-3845 or TTY 711**, or send us a secure message at [careoregon.org/portal](https://careoregon.org/portal)



Health Share of Oregon



## Get to know CareOregon

# Dental benefits and services are covered by CareOregon, your Medicaid health plan. Learn more about us here.

When people talk about Medicaid in Oregon, you may hear them say a lot of different names or letters. That's because there are many organizations involved in making sure you get the care you deserve. How can you make sense of it all?

## It helps to think of Medicaid in Oregon like a pyramid

**Oregon Health Authority (OHA)** runs the Medicaid program for the entire state of Oregon, which is called the Oregon Health Plan (OHP).



**Health Share of Oregon (HSO)** is what's called a coordinated care organization (CCO). Health Share of Oregon works under OHA to serve OHP members in the tri-county area.



**CareOregon** is one of several insurance providers in the tri-county area that help Health Share CCO deliver care. We also help coordinate oral health services for our members through our dental partners: CareOregon Dental, ODS Community Dental, Advantage Dental Services and Willamette Dental Group.



**Your dentist — or primary dental provider (PDP)** — coordinates your oral health care with your dental plan and CareOregon. They also work with other medical team members like your primary care provider, pharmacists and others.



### CareOregon provides services like these for Medicaid (OHP) members:

- ▶ Physical health care
- ▶ Mental health care
- ▶ Substance use treatment
- ▶ Dental care
- ▶ Medicare through CareOregon Advantage
- ▶ Hospice and palliative care through Housecall Providers

### You'll also be able to use important services like these:

- ▶ Care coordination
- ▶ Pharmacy
- ▶ Prenatal and infant care
- ▶ Transportation options
- ▶ Language interpreter services
- ▶ ER and urgent care

You can get this in other languages, large print, braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 800-224-4840 or TTY 711. We accept relay calls.

[careoregon.org](https://careoregon.org)

