



Organization	Population served	Type of peer supports	How to access services
<b>Clackamas, Multnomah, and Washington Counties</b>			
David Romprey Warm Line	Open to anyone needing peer support	Phone support provided by peers	Phone support available at 800-698-2392
<b>Clackamas County</b>			
Folk Time	Adults with mental health diagnosis	Adult drop-in center in Oregon City	Visit <a href="http://folktime.org">folktime.org</a> for a calendar of events. Folk Time also provides mobile peer outreach to individuals in the county's rural areas. Visit the Unitarian Universalist Congregation at Willamette Falls, at 710 6th Street, Oregon City, for drop in services. Virtual programming is also available.  For more information, call 503-413-9814.
Youth Era Clackamas	Youth ages 14-25 years	Drop-in center for youth/young adults in transition and one-to-one peer support	Visit <a href="http://youthera.org/clackamas-drop">youthera.org/clackamas-drop</a> to learn more about drop-in services.  Youth can self-refer for individualized support by calling 541-606-1514.
NAMI Clackamas County	Family members of a loved one experiencing mental health issues and those with mental health issues	Classes, support groups and one-to-one support	Information about support groups and classes is available at: <a href="http://namicc.org/programs">namicc.org/programs</a>  For one-to-one support, contact NAMI at 503-344-5050 or <a href="mailto:peerresources@namicc.org">peerresources@namicc.org</a>
The Living Room	LGBTQ+ youth ages 14-20	Drop-in center to connect with one another and resources	Drop-in location: Atkinson Memorial Church 710 6th Street, Oregon City Virtual drop in also available.  More information at: <a href="http://thelivingroomyouth.org">thelivingroomyouth.org</a>
Dual Diagnosis Anonymous	People with mental health and/or substance use challenges and their families	In-person and virtual support groups	Visit <a href="http://ddainc.org/events">ddainc.org/events</a> for a calendar of meetings and events.
Mental Health & Addiction Association of Oregon	Adults with a dual diagnosis of addiction/substance use and mental health or those who are at risk of developing substance use issues	Peers assist individuals in accessing community support resources and developing a network of support within their community. Peers provide navigation assistance within other systems such as treatment, corrections, child welfare, hospitals, and links to physical health resources. MHA AO also has peers who specialize in working with adults over the age of 55 and a team of peers that works with the Sheriff's Behavioral Health Unit.	Referrals can be made by using the MHA AO Referral Form or call the EVOLVE Coordinator at 503-922-2377.

Organization	Population served	Type of peer supports	How to access services
<b>Clackamas County – continued</b>			
<b>Mental Health and Addiction Association of Oregon (MHA AO)</b>	Adults who identify as having living experience of mental health and/or addiction challenges	One-on-one peer support provided by a team of peers	More information and referral form available here: EVOLVE — MHA AO - Mental Health & Addiction Association of Oregon <a href="http://mhaoforegon.org">mhaoforegon.org</a>  Or contact Rene Stewart at 503-922-2377 for more information
<b>Multnomah County</b>			
<b>NAMI Multnomah County</b>	Family members of a loved one experiencing mental health issues, and those with mental health issues	Support groups, community events, and education	Visit <a href="http://namimultnomah.org/support-groups">namimultnomah.org/support-groups</a> for more information about available support
<b>New Narrative Self-Directed Services</b>	Individuals seeking mental health care	One-year wellness program focused on building self-sufficiency and meeting health and wellness goals	Call 503-726-3738
<b>New Narrative NorthStar Clubhouse</b>	People 18 years and older with a mental health diagnosis, residing in the Portland Metro area	Drop-in center	Services are available through a referral from a mental health professional. Anyone interested must attend a NorthStar orientation to become a member. More information is available at <a href="http://northstarclubhouse.org/become-a-member">northstarclubhouse.org/become-a-member</a>
<b>Latino Network Student Action Data</b>	Youth	They offer a youth leadership program that covers mental health and other health concerns facing the Latinx community.	Contact Justina Romo: <a href="mailto:justina@latnet.org">justina@latnet.org</a>
<b>Washington County</b>			
<b>NAMI Washington County</b>	Adults and family members	Family support, recovery support, diagnosis-specific support, gender-specific support, social support group, creative support group, Peer Zone workshops	Contact Operations Manager Shelley Turner at <a href="mailto:shelley@washconami.org">shelley@washconami.org</a>
<b>4th Dimension</b>	Men and women from age 18 through 35	4th Dimension focuses on individuals with problematic substance use	Individuals may come to the 4th Dimension Center to meet with a peer. 362 SW Oak St., Hillsboro  Monday through Friday, 3pm to midnight Saturday and Sunday, 11 am to midnight
<b>MHA AO</b>	Any individual who wants peer mentoring	Services to people who have either mental health or substance use issues	Contact Sean Mahoney at <a href="mailto:smahoney@mhaoforegon.org">smahoney@mhaoforegon.org</a>
<b>Bridges to Change</b>	Any individual who wants peer mentoring	Services to people who have either mental health or substance use issues	Peers drive a mobile outreach van around the service area.  Access services by calling 503-374-3216