

# Assertive Community Treatment (ACT) Criteria

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- For information on ACT services, please refer to the website for [OCEACT-Oregon Center for Excellence for Assertive Community Treatment](#)
- For information on ACT Admission Criteria as written in the Oregon Health Authority rules, see the [Oregon Health Authority website](#)
- If an individual is unable to maintain in community without 1:1 constant care; this is beyond the scope of what ACT could provide. ACT program may deny if the care requires 1:1 intervention on a continuum basis that is beyond the scope of ACT and make proper recommendations for higher level of care.

## ACT admission criteria

Individuals referred to the ACT program must meet all the following criteria:

- Primary diagnosis of severe and persistent mental illness (SPMI)** per OAR 09-019-0225 (24)
  - Schizophrenia and other psychotic disorders
  - Major depressive disorder
  - Bi-Polar disorder
  - Anxiety disorders limited to Obsessive Compulsive Disorder (OCD) and Post Traumatic Stress Disorder (PTSD)
  - Schizotypal personality disorder
  - Borderline personality disorder
  - Other: \_\_\_\_\_
    - Individuals with a primary diagnosis of a substance use disorder intellectual developmental disabilities, traumatic brain injury, personality disorder, or an autism spectrum disorder are not the intended recipients of ACT and may not be referred to ACT if they do not have a co-occurring, qualifying SPMI Eligibility disorder
- Participants with significant functional impairments** -as demonstrated by at least **one of the following** conditions:
  - Significant difficulty consistently performing the range of practical daily living tasks required for basic adult functioning in the community:
    - caring for personal business affairs;
    - obtaining medical, legal, housing services;
    - recognizing common dangers or hazards
    - meeting nutritional needs;
    - maintaining personal hygiene) or
    - persistent or recurrent difficulty performing daily living tasks except with significant support or assistance from others such as friends, family, or relatives.

- Significant difficulty maintaining consistent employment at a self-sustaining level or significant difficulty consistently carrying out activities needed for independent living
  - household meal preparation
  - washing clothes
  - budgeting
  - child-care tasks and responsibilities
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  - or child-care tasks and responsibilities
- Significant difficulty maintaining a safe living situation (repeated evictions or loss of housing).
- Participants with one or more of the following** (indicating continuous high service needs (e.g., greater than eight hours per month)
  - High utilization of psychiatric services, including acute hospitalizations (two or more admissions within a six-month period)
  - Intractable (e.g., persistent or very recurrent) severe major symptoms, affective, psychotic, suicidal)
  - Coexisting substance abuse disorder of significant duration (e.g., greater than six months)
  - High risk or history of criminal justice involvement (e.g., arrest, incarceration)
  - Significant difficulty meeting basic survival needs, residing in substandard housing, homelessness, or imminent risk of becoming houseless
  - Residing in an inpatient or supervised community residence in the community, and clinically assessed to be able to live in a more independent living situation if intensive services are provided or requiring a residential or institutional placement if more intensive services are not available
  - Difficulty effectively utilizing traditional office-based outpatient services

**For FACT ONLY**

- Moderate to high risk to re-offend as established by a standardized risk assessment (e.g., LS/CMI) and significant criminal justice involvement as evidenced by one or more of the following:
  - Recent history of multiple police contacts, arrests, bookings, and/or incarcerations
  - Recent history of custody holds, peace officer holds and/or civil commitment
  - Currently under supervision with Multnomah County Adult Probation and Parole

**Must be included in the referral packet**

- LS/CMI Report (within the past 6 months, if available)                      LS/CMI Score: \_\_\_\_\_

**For Outside In/RISE Program ONLY**

- Are you screened into the Multnomah County Homeless Youth Continuum **or**
- HYC eligible (age 18-24 and experiencing homelessness)