SCOPE  This policy applies to CareOregon provider facing staff, clinical operations staff, behavioral health staff, dental staff, pharmacy staff, medical management staff and subcontractors.

PURPOSE  
Practice guidelines are developed from scientific evidence or a consensus of health care professionals in the particular field such as the HERC/Oregon Health Authority. Practice guidelines are not intended to address all individual variations, but to reflect population-based recommendations. Evidence based practice guidelines are provided to improve the quality of care delivered to CareOregon members.

DEFINITION(S)

| CMS | Centers for Medicare & Medicaid Services  
| http://www.cms.hhs.gov |
| DMAP | Oregon Division of Medical Assistance Programs  
| http://www.oregon.gov/DHS |
| HERC | Health Evidence Review Commission |
| Practice guideline | A set of criteria that describes appropriate management for a specific population or diagnosis, i.e., health maintenance for children or diabetes management |
| SMD | Senior Medical Director |

POLICY  
CareOregon, reviews and adopts practice guidelines that define standards of practice as they pertain to improving health care quality for major diseases/diagnoses and preventive strategies. The selection of guideline topics is based on an analysis of the CareOregon population.

Whenever possible, guidelines are derived from nationally recognized/local sources and are evidenced-based in their foundation. If a nationally recognized guideline is not available, CareOregon will involve board certified specialists in the development of the appropriate guideline. CareOregon also uses the guidelines presented by the HERC. Guidelines are made available to practitioners via the appropriate websites.

Practice guidelines are reviewed and updated at least every two years and more frequently when updates are released by the issuing entity. CareOregon expects its practitioners will utilize the adopted guidelines in their practices and recognizes the inability of the guidelines to address all individual circumstances.

NOTE: Printed copies of this document are uncontrolled. In the case of a conflict between printed and electronic versions of this document, the controlled version published online prevails.
CareOregon supports its members in self-management of their conditions by making practice guidelines available to members and potential members on the CareOregon/CareOregon Dental websites and through specific quality improvement initiatives/activities.

**OWNERSHIP/RESPONSIBILITIES**

| Senior Medical Director, Health Services Operations, Director of Clinical Operations, Director of Behavioral Health, Pharmacy Director, Dental Director | To ensure Clinical Practice Guidelines are up to date based on current evidence based care and shared with provider network and updated at least every two years. |

**COMPLIANCE/ENFORCEMENT**

The compliance and enforcement of this policy is the responsibility of the owners listed above.

**REGULATIONS**

42 CFR 438.236 (b), (c), (d)