

Diabetes and oral health

Improve patient outcomes



OHP dental benefits

All OHP members have a comprehensive dental benefit package which includes services such as:

- ▶ Exams, X-rays and cleanings
- ▶ Fluoride treatments
- ▶ Deep cleaning for gum disease
- ▶ Fillings
- ▶ Tooth removal
- ▶ Partial dentures
- ▶ Full dentures
- ▶ Crowns
- ▶ Root canals



Limitations may apply.

Thank you for helping patients with diabetes understand the link between physical health and oral health.

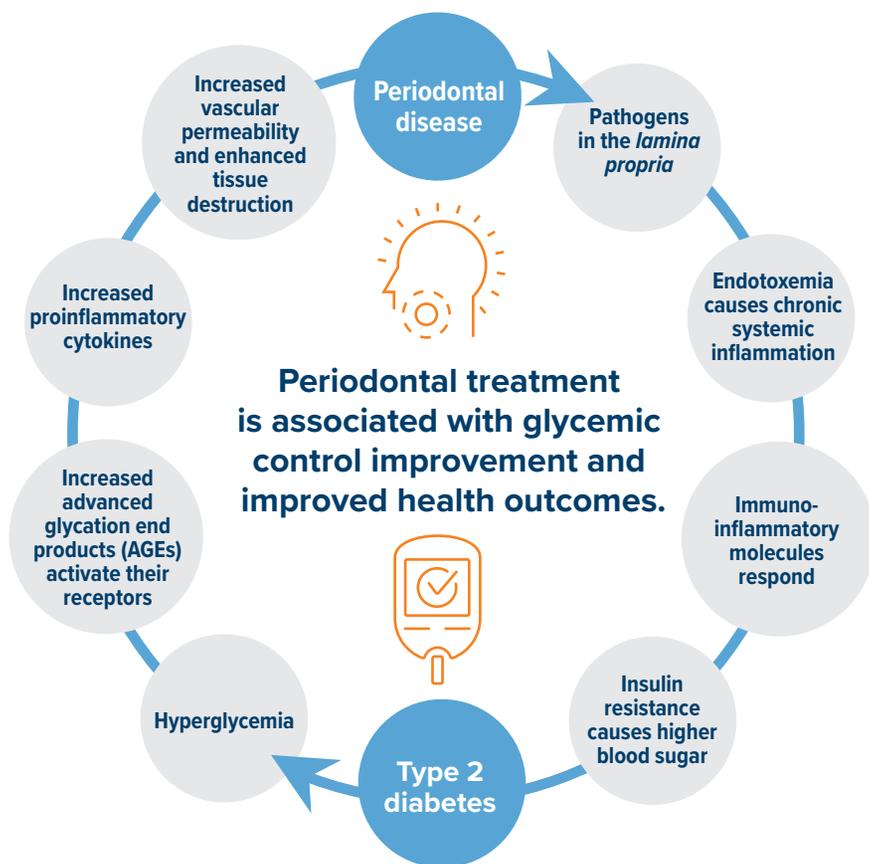
CareOregon
315 SW Fifth Ave
Portland, OR 97204
800-224-4840

careoregon.org



Add an oral health check-in to routine diabetes care

Help patients improve their diabetes management during routine care visits — take a moment to check in about their oral health. Oral health and diabetes have a bidirectional relationship: poorly managed diabetes can increase the prevalence and severity of periodontal disease, and oral health conditions can negatively impact HbA1c levels.



Take two

Two minutes to improve patient outcomes

When you see patients with diabetes, ask:

- ▶ Do you have any concerns about your oral health?
- ▶ When was your last visit to the dentist?
- ▶ Do you know that diabetes can affect your teeth and gums?
- ▶ Do you know why a healthy mouth is an important part of your diabetes management?
- ▶ Do you need help finding a dentist?



CareOregon oral health resources and provider support

We offer resources to support oral health management and connect patients to dental care:

- ▶ Educational curricula and training for provider teams
- ▶ Data and dashboard tools
- ▶ Navigation to dental tools
- ▶ Technical assistance
- ▶ Support for workflow implementation and any questions



Contact oralhealth@careoregon.org for details.